

PONY EXPRESS

APRIL 2018

CHARTWELL STABLES

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Feel free to add us to What'sApp

**TEXT WITHIN WORKING HOURS PLEASE
PARENTS PLEASE NOTE:**

If you have any queries regarding lessons, make-ups or accounts, please call us on the above number.

Please call in the mornings rather than the afternoons.

We are on a strict schedule in the afternoons to keep lessons running on time and so cannot give you our undivided attention.

We do not have access to the What'sApp after hours so please if you need to message us do so within working hours.

- Thank you for understanding.

WELCOME !!!

Welcome our new riders this month:

Kaylin Chaldecott and Riley Cross

You have chosen the right place to learn how to ride! We have many activities that you can get involved in every month so please keep an eye out for this monthly newsletter. If you have any questions at all please do not hesitate to chat to one of the instructors.

Get involved with activities like fun days, pony camps and special outrides on public holidays.

We also hold training shows where you can enter even at the most novice of levels as there will always be someone to help you round.

We pride ourselves in being one of the most well known children's yards in Gauteng and we love to start our riders off on their equestrian career.



Happy birthday to our riders who are celebrating their special day in April!

**Sodi Botha, Jasmine and Hannah
Johnston & Alex Schau**

Have a wonderful celebration and all the best for your year ahead!

*** VERY IMPORTANT ***

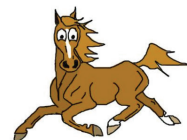
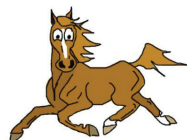
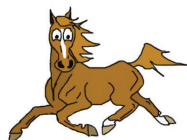
•• EASTER EGG HUNT ••

FRIDAY, 30th MARCH

Don't forget to book for our annual Easter Egg Hunt on Horseback! This is open to all of our Liveries, Triplers and lessoners whose lesson falls on the weekend and Monday, 2nd April.

PLEASE BOOK WITH YOUR INSTRUCTOR

Hunt kicks off on Friday, 30th March at 8am sharp.



•• EASTER WEEKEND ••

FRIDAY, 30th MARCH to MONDAY 2nd APRIL 2018

Please don't forget to book your make-ups for the Easter Holidays and all of the Holidays in April. No make-ups will be awarded to those who do not notify us if they are going to be away.

The yard will be closed on the above dates for the whole weekend and will re-open on Tuesday afternoon, 3rd April for lessons as normal.

BOOK MAKE-UPS NOW

PONY CAMP

**Tuesday, 3rd April to Thursday, 5th April
Tuesday, 17th April to Thursday, 19th April**

COST: R1400 for 3 Days

Don't forget that:

Owed make-up lessons can count towards HALF of the cost.

SO DON'T FORGET TO BOOK FOR OUR MOST POPULAR CHRISTMAS CAMP!

STAYING THE NIGHT IS NOT COMPULSORY and those of you who don't want to, may be dropped off in the mornings and fetched in the evenings.

If you do want to stay then bring your sleeping bag and pillow. (Maybe a midnight feast). You will work in the yard and learn the importance of looking after the ponies, feed them and groom them and have a lecture on something to do with horses.

You will also ride twice a day!!

In between all this hard work you can play in the garden, swim in the pool or try your hand at arts and crafts. In the evening there are games to play, bonfires to roast marshmallows on and stories to tell. Parents need not worry as your children are supervised every step of the way

So come and join in the fun!

Please speak to your instructor to book and for more information.

•• PUBLIC HOLIDAY ••

FRIDAY, 27th MARCH 2018

We will be holding our usual morning outride on this day instead of the afternoon lesson.

The outride kicks off at 8am sharp!

Please ensure to book your spot if your ride usually falls on this day.

If you can't make it then you are welcome to book a make-up but this must be done at least 24 hours prior to the day.

THE FOUNTAIN OF LOVE ORPHANAGE

For many years, Shirley's daughter, EMMA, has been supporting a lovely lady called Rosie, who runs an orphanage in Katlehong. She has a tiny house with about 40 children that she takes care of. The children's ages are from infants all the way up to 18 years old.

Over the years our Chartwell riders and their families have been very generous in contributing gifts towards their annual Christmas party and donating games, toys and clothes. We are always very grateful for this support.

This month we would like to ask that if any of you are having a clean out at home, please consider Rosies kids. We are also now looking for a 2nd hand jungle gym if anyone knows of one that may be available.

Many thanks!!



SANESA OUTSIDE SHOW

Recently we had a few kids compete at a SANESA show in Kayalami:

Carmen Louw rode **Upper Rock** and placed 3rd in the 90cm competition show jumping class and 4th in the 90cm accumulator show jumping class.

Megan Schneeberger rode **Kim Possible** and they placed 6th in the 80cm competition show jumping class, 4th in 80cm accumulator show jumping class and 2nd in the 80cm Equitation class.

Leelah Pasterkamp rode **Pumpkin** and placed 2nd in both of her jumping classes and 2nd in her 80cm Equitation class.

Well done to all of our Chartwell girls, keep up the good work!

CHARTWELL TRAINING SHOW RESULTS

Well done to everyone who entered the Chartwell Training show in March, and many thanks to all of the family and friends who came to support!

Class 1: Jump for Joy

Everyone's a winner congratulations!

Class 2: 50cm Competition SJ

- 1st Ashley Olivier on Casper
- 2nd Emilie Raubiere on Andrew
- 3rd Mila Valenti on Mac
- 4th Camille Raubiere on Chiko
- 5th Isla Gibson on Hercule

Class 3: 70cm Competition SJ

- 1st Nora Toure on Spirit
- 2nd Beth Mackenzie on Andrew
- 3rd Megan Schneeberger on Kim
- 4th Christine Commandeur on Spook
- 5th Ashley Olivier on Casper

Class 4: 70cm Equitation Class

- 1st Christine Commandeur on Spook
- 2nd Hannah Watts on Crunch
- 3rd Megan Van Der Walt on Bayethe
Leelah Pasterkamp on Pumpkin
- 4th Georgina Krokos on Casper

Class 5: 80cm One Round on Time

- 1st Beth Mackenzie on Andrew
- 2nd Christine Commandeur on Spook
Megan Van Der Walt on Buddy
- 3rd Georgina Krokos on Casper
- 4th Leelah Pasterkamp on Pumpkin
- 5th Nora Toure on Spirit

THE IMPORTANCE OF SCHOOLING YOUR HORSE

Often when we ride we forget about the importance of schooling our horses because it's much more fun to jump!

The problem is, that if you jump every time you ride and you don't do any schooling (flatwork), your horse or pony will not build up his muscles correctly and his body won't be strong or supple enough to handle all of the jumping that you are doing.

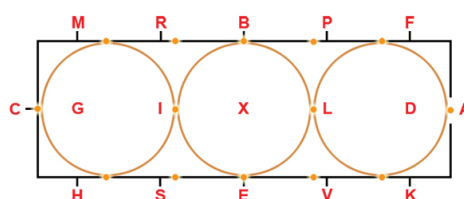
THIS CAN RESULT IN PERMANENT INJURY if we are not careful!!!

Horses can pull or injure tendons, muscles and bones in their legs and bodies which may result in them not ever being able to jump again. So remember to do enough flatwork so that your horse or pony can build up his strength and supple up his muscles to be fit enough to jump for you.

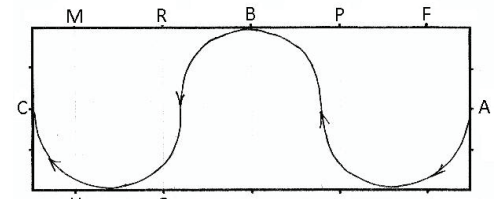
Another good reason to school your horse is for discipline. Schooling teaches your horse to listen to his rider and respond to the aids that he or she is giving him in a kind way. If your horse is well disciplined in flatwork, you should have a much easier horse to ride when you want to jump. **Remember that patience is key and we should never ever lose our temper whilst around horses. They learn best through patience and repetition and kind handlers produce kind horses.**

There are lots of exercises to practice on the flat:

- Things like CIRCLES, SERPENTINES, LOOPS and CHANGING THE REIN are very good for suppling up your pony's muscles and teaching him to bend.
- TROTTING is very good to keep up their fitness. (more than cantering!)
- Quiet UPWARD & DOWNWARD transitions are great for teaching your horse to listen to you. Try these at the walk, trot and canter. If you practice using your aids correctly, in no time you will have a horse that will be listening to you nicely.



20m Circles



Serpentine

If you have your own horse the best is to work out a timetable of when you are going to do what. If you ride 5 times a week write up a timetable that you can work towards:

- EG: **Monday:** Schooling (Circles & Turns)
Wednesday: Jumping
Thursday: Schooling (Transitions and something new)
Friday: Jumping
Saturday: Outride (don't forget some fun!)